

## What will my child need?

Children will change into their Forest School kit at school just as they would for PE. Children must be protected from the extremes of weather - many layers



of all clothing is better than one thick item of clothing. Please follow the kit list below. Arms and legs must be covered at all times.



### Essential Warm base

Layers (i.e. vest, long sleeved top, jumper, jogging bottoms. Coat/ fleece & or Waterproof

coat. Thick socks or two pairs of medium thickness. Wellies or sturdy walking boots which keep their feet dry. Highly Desirable Waterproof trousers Hat and Gloves



## Forest School Aims

- To develop a healthier lifestyle and body.
- To nurture self-esteem.
- To learn to work as a team and improve our communication skills.
- To inspire our children about nature and the outdoors.
- To teach resilience and allow for risk taking.
- To help create more independent learners.

## Forest School Leader

# Miss Clare

### What are our aims?

Through the Forest School ethos we aim to provide children with opportunities to take measured risks, learn more about themselves and their relationships with others. Under the guidance of a fully qualified Forest School Leader we aim for all children to experience nature in a natural, safe, secure and supported environment. We aim to use this approach with our children for them to be independent, self-motivated, courageous, and considerate setting them up for life-long learning. Under the guidance of a Level 3 Forest School

# Forest School

We are pleased to announce Daubeney and Lauriston will run weekly Forest school sessions from September.

### Autumn Term

Year 2

### Spring Term

Year 1

### Summer Term

Reception



Forest School is a holistic approach and provides opportunities for children to develop their communication and social skills, they will also develop physically, intellectually and emotionally through connections they make with nature and the forest environment.





